

This week in preschool, our theme is "People Who Help Us". We have learnt about firefighters, police officers, and ambulance crews, and how they look after us and keep our community safe.

Children have enjoyed Painting and Collage – Children have created artwork inspired by emergency vehicles and uniforms.

They liked getting messy in our Toothpaste and Toothbrush Activity – We practiced brushing techniques and talked about why keeping our teeth clean is important.

### Learning Goals:

Understanding the roles of community helpers.

Developing fine motor skills through painting and collage.

Learning healthy habits for oral care.



### Fun Facts to Share at Home:

**Firefighters:** Did you know firefighters don't just fight fires? They also help in emergencies like car accidents and rescue pets!

**Police Officers:** Police officers keep us safe by making sure everyone follows the rules. They also help people who are lost find their way home.

**Ambulance Crews:** Ambulances are like mini hospitals on wheels! They help people get care quickly when they're hurt or sick.

### Book of the Week

This week our book was 'Amazing' we spoke to the children about friendship and how we may all be different, but we are all kind and play together nicely.

[\[Story Book\] AMAZING By Steve Antony \[Teacher Gof\]](#)



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### Lola the Listening Leopard

This week we played 'counting time'. The children needed to listen carefully to what Lola asks them to do and follow her instructions. They all listened carefully and joined in beautifully. Well done everyone!



### Rhyme of the Week

The rhyme of the week was 'Mary, Mary quite contrary'. The children have continued to explore this rhyme in detail, we spoke about what a silver bell, cockle shell and pretty maid is and we made our own silly rhyme by changing some of the words.



The children learnt the penguin song, and Mr Foster taught us a song about the fire fighters and Teachers, for our people who help us topic!

The children have enjoyed exploring singing with Mr Foster and are now getting more confident to sing and dance together.

[Families Save £500 On All Holidays With Code BEATTHEBLUES. Extra Savings Ends Midnight Monday.](#)

### Physical Development

The children still have PE on a Monday Morning and a Wednesday afternoon. If your child attends for these sessions please make sure, they attend in PE kit and have some PE pumps with them.

All kit and clothes were sent home at the end of last term; therefore, they will need them in the setting.

This week the children have been working on their yoga poses to help strengthen their core. We also did some dancing as part of our warmup.

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### Benefits of Forest Friday

- **Builds confidence and independence** through exploring natural spaces.
- **Supports physical development** with climbing, balancing, running, and nature-based movement.
- **Encourages creativity and imagination** through open-ended play.
- **Boosts wellbeing** – fresh air and nature help reduce stress and improve mood.
- **Enhances communication and teamwork** as children problem-solve together outdoors.
- **Develops a love and respect for nature**, helping children understand the world around them.

### What Your Child Needs to Wear

Please make sure your child comes dressed appropriately for the outdoors:

**Own clothes** (that you don't mind getting muddy!)

**Wellies**

**Waterproof coat**

**Extra layers depending on the weather**

Thank you for your continued support

Mrs Bradley and the pre-school Team

### Safeguarding at Amblecote

#### **Safeguarding Update: Understanding Our Rules**

Our EYFS rules are designed to help children feel safe, confident and ready to learn. This week we've been revisiting the simple, consistent rules that guide behaviour and support our safeguarding culture.

#### **Our core rules in EYFS**

- **We use kind hands and kind words** Children learn that their actions and language help everyone feel safe and included.
- **We Follow instructions** Listening to grownups helps keep children safe during routines, transitions and play.
- **We look after our things and our classroom** Caring for resources teaches responsibility and supports a safe learning environment.
- **We stay with our grown-ups** Children practise staying close during outdoor play, lining up and moving around school.
- **We tell a grown-up if we feel worried,** We remind children that trusted adults are always here to help.

#### **How you can support these rules at home**

- **Use the same simple language** to help your child recognise the rules in different places.
- **Praise positive behaviour** when your child shows kindness, listens well or follows instructions.
- **Talk about safety** in everyday routines — crossing roads, staying close in busy places, or asking for help when unsure.

These shared messages help children feel secure, understand boundaries and develop the confidence to make safe choices.

### Health and Well-Being

#### **Resilience – Our school value this half term**



We are encouraging the children to develop their skills in this area with positivity and an 'I can do it!' attitude.

You could watch this story together and discuss the theme of resilience